

Vocational Training

With Deborah Ravetz



Our deepest calling is to grow into our authentic selfhood, whether or not it conforms to some image of what we ought to be. As we do so we will not only find the joy that every human being seeks – we will also find our path of authentic service in the world, as true vocation joins self and service. Frederick Beuchner defines vocation as ‘The place where your deep gladness meets the world’s deep need’ (*Let Your Life Speak*. Parker J. Palmer).

Deborah will work with you on a very deep level to find out what you would like to do with your life. She will help you to gently explore your history and biography to find out why you’ve made the life choices which have led you into the present, and help you make the necessary new choices to find the type of work you would like to do, and the kind of life you want to live now.

Every once in a while you have a conversation with someone new who makes a significant impact on your life. Deborah Ravetz is a member of that small group of individuals who has the capacity to blend artistic and creative sensibility with a genuine systemic awareness. She has that rare skill that many consultants would love to have - a capacity to help you identify the creative aspects of life that really do need attention, and encourage and support you to your own conclusions. Deborah is able to draw on a myriad of contemporary interests and know-how – from the artistic and spiritual to a range of socio-political perspectives in a genuinely unique integration.

- Les McCinn, Director of Wellbeing and Staff Development, University of Surrey,

With Deborah's work and encouragement I found a path ahead for myself that truly excited me; her course helped me to make sense of my life as a whole, to see the connecting threads and impulses running through it.

Consequently, I enrolled at university for a three-year course in English Literature and Creative Writing. More importantly, I spent three years discovering, recovering a voice and a vocation; it was a nurturing and healing process for me. I am so grateful to Deborah, without whose empathy and perceptive skills it would have been nigh impossible.

- Rosemary Merriman

Work and vocation

There is a danger that we see work as a way of making enough money to do what we really care about, whereas vocation is the dream that we could find out how to do what we really care about as a way of life. It is possible to bring work and vocation closer, so that we feel our life is about exercising our choice on every level.

What can this course help with?

- Unblocking blocked artists or creatives
- Unearthing buried dreams or unlived lives
- Allowing denied creativity to flourish within one's existing life
- Finding confidence in your dreams
- Finding a renewed sense of direction and passion, and pinpointing the practical next steps to take

About Deborah

Deborah has studied Literature, Philosophy and Fine Art, and has recently completed a Masters in Social Sculpture. She works as a painter, lecturer in the History of Art and Human Consciousness and with her Social Sculpture Project *The Search for the Deep Self*. She has published numerous articles about art and meaning. She has worked with many individuals in their search for vocation. Deborah has also has a written a book called *Vulnerabilty and the Art of being Human*. Her method of working includes both conversation and artistic exercises, which help remove the layers of adaption covering the sense of who you really want to be. Deborah has a warm, personal working style, and is skilled in creating a safe space where you will feel reassured and listened to.

To find out more about Deborah and her work, visit www.deborahravetz.org.uk and www.becomingaself.org

“Deborah has a huge talent for helping you identify your own deep story. She does this by bringing together intuition and literary and artistic knowledge. I felt fully heard and seen in a way that is very rare. I went home with a new and healthier relationship towards my own creativity, something that has not diminished in the ensuing weeks.”

- Dr. Amanda Ravetz, Research Fellow,
Manchester Metropolitan University

“Deborah helped me to give my inner voices permission to speak up and say out loud the kind of life I want for me - not to censor what that voice is saying in order to please other people. After her vocational training I felt more able to stand my own ground and take control of my life’s direction - to trust that my inner knowing and hopes can take me to a safe, creative and wonderful place”

- An academic who wished to give their testimonial anonymously.

Details and Pricing

Training takes place at weekends, although if necessary it is possible to organize a two day slot during the week.

Cost of training

Individual **£160** a day / Institution **£240** a day / Unwaged **£120** a day

The **two day course** is **10am - 4pm** on both days and includes lunch and tea and coffee breaks. Accommodation is not included and most clients stay locally in a bed and breakfast. Before the course Deborah will speak with you on the phone and give you one or two preparatory exercises to do. You will need to bring a large notebook, a pen and an open mind.

Contact Details

For more information or to book training email vocation@becomingaself.org or call +44 (0)1384 444202.